










February 2025 Mainstreamer's Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat					
						1					
2	<p>10:30-11:30 Senior Aerobics</p> <p>2:00-3:00 Floral Class</p> <p>6:00-7:30 Yoga</p> 	3	4	<p>Day Trip: 8:30-5:00 Chinatown Adventure & Culinary Experience</p>  <p>11:15 - 12:15 Senior Aerobics</p>	5	<p>10:15-11:15 Zumba Gold</p> <p>12:30-2:30 Bingo</p> 	6	<p>10:30- 11:30 Informative (Town Hall) "Don't Forget! – The Science of Memory" Presenter: William Pack</p> 	7	8	
9	<p>9:00-1:00 Defensive Driving</p>  <p>10:30-11:30 Senior Aerobics</p> <p>6:00-7:30 Yoga</p>	10	<p>1:00-3:00 Day at the Races</p> 	11	<p>9:00-1:00 Defensive Driving</p>  <p>11:15 - 12:15 Senior Aerobics</p> <p>12:00-3:00 Valentine's Day Luncheon</p> 	12	<p>8:30 Mailing</p> <p>10:15-11:15 Zumba Gold</p> <p>Day Trip: 3:45-10:00 Cirque Du Soleil -OVO</p> 	13	<p>11:00- 12:00 Travelogue (Town Hall) "Life Aboard the Trans- Siberian Railway"</p> 	14	15
16	 <p style="text-align: center;">Closed - Holiday</p>	17	<p>6:00a.m. Registration Opens for March & April Programs</p>	18	<p>11:15 - 12:15 Senior Aerobics</p> <p>1:00-3:00 Uncork & Unwind "Art & Sip"</p> 	19	<p>10:15-11:15 Zumba Gold</p> <p>Day Trip: 8:30-6:30 Back In the Building</p> 	20	21	22	
23	<p>10:30-11:30 Senior Aerobics (Makeup)</p> <p>6:00-7:30 Yoga (Makeup)</p>	24	<p>1:30-3:15 Monthly Movie "You Gotta Believe"</p> 	25	<p>11:15 - 12:15 Senior Aerobics</p>	26	<p>10:15-11:15 Zumba Gold</p> <p>1:00-3:00 Advisory Council</p>	27	28		